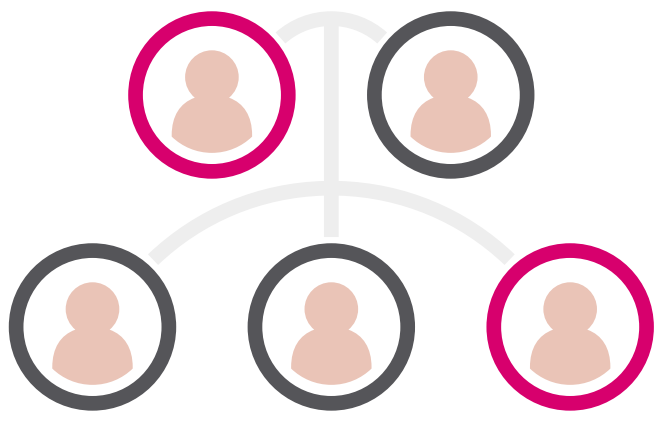


MY FAMILY'S HEALTH HISTORY



Up to 25% of breast and ovarian cancers are familial or hereditary. Find out which relatives—on both parents' sides, if you're able—have had cancer, which types, and how old they were when diagnosed. Use the following questions as a guide.

Have any of our relatives **(my parents, siblings, aunts, uncles, grandparents, first cousins, great-grandparents)** tested positive for a genetic mutation associated with breast and ovarian cancer?

- | | |
|--|---------------------------------|
| <input type="checkbox"/> ATM | <input type="checkbox"/> NF1 |
| <input type="checkbox"/> BRCA1 | <input type="checkbox"/> PALB2 |
| <input type="checkbox"/> BRCA2 | <input type="checkbox"/> PTEN |
| <input type="checkbox"/> BRIP1 | <input type="checkbox"/> RAD51C |
| <input type="checkbox"/> CDH1 | <input type="checkbox"/> RAD51D |
| <input type="checkbox"/> CHEK2 | <input type="checkbox"/> TP53 |
| <input type="checkbox"/> MSH2, MLH1, EPCAM | <input type="checkbox"/> STK11 |
| <input type="checkbox"/> PMS2, MSH6 | <input type="checkbox"/> Other |
| <input type="checkbox"/> NBN | |

Have any of our close relatives **(my parents, siblings, aunts, uncles, grandparents)** been diagnosed with any of the following?

- Breast cancer diagnosed at 45 or under
- More than one breast cancer in one relative (cancer in both breasts, or two separate breast cancers in one breast)
- Male breast cancer
- Two or more relatives with breast cancer, with at least one of the diagnoses at 50 or under
- Ovarian cancer, primary peritoneal cancer, or fallopian tube cancer
- Pancreatic cancer
- Metastatic Prostate cancer

Are **three or more incidences of any of these cancer** on one side of our family?

MOM'S SIDE

DAD'S SIDE

- | | | |
|--------------------------|-------------------------------|--------------------------|
| <input type="checkbox"/> | Breast Cancer | <input type="checkbox"/> |
| <input type="checkbox"/> | Ovarian cancer | <input type="checkbox"/> |
| <input type="checkbox"/> | Pancreatic cancer | <input type="checkbox"/> |
| <input type="checkbox"/> | Uterine or endometrial cancer | <input type="checkbox"/> |
| <input type="checkbox"/> | Stomach, colon, or GI cancer | <input type="checkbox"/> |
| <input type="checkbox"/> | Thyroid cancer | <input type="checkbox"/> |
| <input type="checkbox"/> | Kidney cancer | <input type="checkbox"/> |
| <input type="checkbox"/> | Sarcoma | <input type="checkbox"/> |
| <input type="checkbox"/> | Adrenocortical carcinoma | <input type="checkbox"/> |
| <input type="checkbox"/> | Brain tumor | <input type="checkbox"/> |
| <input type="checkbox"/> | Leukemia | <input type="checkbox"/> |
| <input type="checkbox"/> | Another combination | <input type="checkbox"/> |

Once you've collected as much information about your family's health history as possible, it's time to assess your risk for breast and ovarian cancer. When you know your risk, you'll be empowered to manage your health proactively.



AssessYourRisk.org



LIKE US. LOVE US. STAY CONNECTED.